

Meeting Minutes

2020 Annual Meeting of North Texas Prostate Cancer Coalition December 12, 2020

President Tom Dillon called the meeting to order at 10 AM. The meeting was conducted virtually via ZOOM internet connection.

Attending: President Tom Dillon, Vice President Tom Brown, Treasurer Tom Reynolds, Secretary Anthony Nagy, Past President Wolfram Blattner, Directors Wanda Strange, Bob Williams, Gregg Wallace, and Members Molly Sutton (Medical City Dallas), Ed Sanders (50 Hoops), Gayle Wilkins (PCSG Fort Worth), and Angela Clark (Presby Dallas). Absent: Directors Robert Barnett, Richard Kazura, Terry Theiss, and Member Proton Center.

In his opening remarks, President Dillon discussed personal reasons for considering his resignation however he believes that temporary leaves of absence may suffice since other officers agreed to assume duties during an absence. The meeting continued as follows.

Administrative Items

Minutes: The reading of the 2019 Annual meeting minutes was not necessary because of their previous approval in January 2020.

Elections: All current officers agreed to continue in office in 2021 and there were no expiring terms of Directors in 2020. Tom Reynolds moved to retain officers, Wolfram Blattner seconded, motion passed by acclamation. Some discussion occurred regarding the aging of Coalition leadership and the needs for future longevity. President Dillon nominated Mr. Michael Hall and Mr. Tom Hulsey for Director Positions. Wolfram Blattner mentioned Tom Hulsey's association with national prostate cancer association, ZERO. He reminded Mr. Hulsey and attendees that NTxPCC's success is due to being a local organization with no affiliation to National organizations and that all funds are to be used within the State of Texas. This localization, however, will not prevent common programs with ZERO. Mr. Hulsey concurred. Anthony Nagy seconded the nomination and approval was by acclamation.

Financials: Tom Reynolds reported some uncertainties in understanding recently acquired financial records. After some discussion regarding the correct bank balance, the matter was tabled. Tom Reynolds and Tom Dillon will consult to reconcile existing records with bank records and a subsequent financial statement will be submitted for approval. Anthony Nagy suggested that including a disinterested party in the reconciliation may provide a satisfactory annual audit of the coalition's finances.

A Review of Coalition Activities during 2020

Recognitions: The coalition received ultimate Platinum recognition by GuideStar as well as a Top-Rated recognition by Great Nonprofits. Both services rate non-profit organizations for their financial transparency and community service. The ratings help donors select recipients for their donation.

Event Support: Tom Brown reported that due to the Covid19 pandemic events sponsoring prostate cancer awareness had to be curtailed in 2020. Records reveal that past outreach activities predominated in the western part of the Metroplex. Board members Michael Hall and Tom Hulsey

expressed interest in finding and pursuing events in their eastern geographical areas. Because of the uncertainty brought about by the continuing pandemic most events during 2021 are tentative at best.

Proclamations: Wolfram Blattner spearheaded the activity to have local political entities proclaim September as Prostate Cancer Awareness month. The intent of the effort is to bring awareness to public audiences who view the various political proceedings. A significant increase in participation occurred in 2020 when compared to 2019. North Texas participation was increased from 3 to 9 counties and 4 to 7 cities. Wolfram mentioned that, after approval of the proclamation, Grayson County Judge Bill Magers urged all men over the age of 50 to get a prostate exam. It is great to see a county do more than just passing a proclamation. Local Television Newscaster Steve Eager, who is also a survivor, made an awareness statement during one of his broadcasts in September and has offered to assist in the future.

Joint Zoom sessions: Beginning in August, coalitions support groups collaborated to present joint Zoom sessions open to all member support groups. Four of the 5 support group coordinators arranged for the speakers which included the following:

August - Fiona and Alan White (Australia - theprostatezone.com) -

Patient/Caregiver Relationships

*September - Parker Read/UTSW Genetic Counselor - **Genetic Counseling for Hereditary Prostate Cancer: What it Could Mean for You and Your Family***

*October - Zoey Sayi, MSN, RN/Mary Crowley - **Metastatic Prostate Cancer Clinical Research Trials***

*November - Carol Law, PT, DPT/UTSW - **Pelvic Floor Therapy***

*December - Brad Nowlin, Licensed Family Counselor - **Resilience***

Although participation was relatively sparse, the intention is to continue the Zoom sessions in 2021. Tom Hulsey suggested the use of YouTube as a format or changing the time of day or day of week. Wanda Strange suggested recording Zoom sessions for later use but it was pointed out the files are large.

Symposium 2021: Discussion of a future symposium centered on timing and in-person or virtual format. Consensus was Fall 2021 and a virtual format. Advance notice of the meeting was suggested to increase attendance. Tom Dillon will contact McKesson to determine the availability of their facility for a future symposium.

Challenges for the future: Due to an aging Board of Directors, leadership succession planning was discussed. The solution is to find younger men who want to serve. Gayle Wilkins suggested more exposure on YouTube.

Coalition Website: The maintenance of the website was discussed. Contracting the maintenance activity was suggested but requirements are knowledge of the field of prostate cancer as well as the technical aspects an internet presence. Wolfram Blattner, who maintains the website, indicated it was almost a daily affair to maintain the website. Tom Dillon and Wolfram Blattner agreed to confer concerning the time required for website maintenance. Gayle Wilkins indicated she would check with her nephew who is knowledgeable regarding website technology and who would know about cost.

President Dillon's Leaves of Absence: In light of potential temporary leaves of absence several attendees voiced support to takeover various but yet unnamed duties as required.

Member Reports

Gayle Wilkins discussed the 2020 results of the February 2020 Healthy Lives Matter event that had an attendance of 473 which was the highest attendance of any screening event in Tarrant County. Resulting statistics from the event are shown in Appendix A. Registration for the 2021 Healthy Lives Matter event, as well as the event itself, is proposed to be virtual. Actual PSA tests will be by commercial laboratory with results transmitted to participants in methods yet to be determined. The last Talk on Tuesday was March 10, 2020. With facilities shut down the timing for allowing volunteers and meeting resumption is unknown. The Fort Worth Support Group will continue meeting virtually. Donations from the Prostate Cancer Resource Center will remain with the coalition. Tom Dillon is to provide additional coalition informational brochures to Gayle Wilkins. Mr. Blattner brought up the subject of inviting the Healthy Lives Matter program administered by Tarrant County Commissioner Roy Brooks to become a coalition member. Gayle Wilkins in turn asked whether the Moncrief center might be a member. It was decided that these potential memberships should be discussed later.

Angela Clark reported that her group held a golf tournament with 44 players participating. The tournament may be held in the fall of 2021 but uncertainty prevails. Virtual talks were presented to community service clubs and appreciation was expressed for the combined Zoom meetings. Additional details are contained in Appendix A.

Molly Sutton reported there was little contact with members and expressed appreciation for the joint zoom meetings. Lack of participation by members may be due to a lack of computer know how or inattention to meeting notices by the members. Gayle Wilkins suggested tutorials on zoom meetings or postcards with zoom linkage to increase member participation. Tom Dillon suggested use of blind copies of e-mail to members to emphasize individuality of a meeting invitation.

Tom Dillon reported that the Plano group is participating virtually by attending joint Zoom meetings with attendance at 15 to 20 per meeting. The issue of technology competence or anxiety was again brought up. A meeting room for the group is reserved for 2021 despite the uncertainty of in-person attendance.

Open Discussion

Tom Brown questioned the coalition's liability if someone were to contract Covid19 resulting from attending a coalition sponsored meeting. Tom Dillon will consult with the coalition's insurance carrier on this matter.

Meeting adjourned by general agreement at 11:50 AM.

Approved as amended - January 10, 2021

Anthony J. Nagy

Secretary

Appendix A

Healthy Lives Matter 2020

Patient Demographics/Event Statistics

City		
Arlington	39	8.25%
Azle	5	1.06%
Bedford	3	0.63%
Benbrook	9	1.90%
Burleson	10	2.11%
Crowley	10	2.11%
Eules	3	0.63%
Everman	1	0.21%
Flower Mound	1	0.21%
Forest Hill	6	1.27%
Fort Worth	269	56.87%
Grand Prairie	7	1.48%
Grapevine	2	0.42%
Haltom City	9	1.90%
Haslet	1	0.21%
Hurst	5	1.06%
Keller	6	1.27%
Kennedale	1	0.21%
Lake Worth	1	0.21%
Lakeside		0.00%
Mansfield	8	1.69%
Newark	1	0.21%
North Richland Hills	5	1.06%
Other	65	13.74%
Richland Hills		0.00%
River Oaks	2	0.42%
Saginaw	1	0.21%
Southlake	3	0.63%
Watauga		0.00%
Total	473	100.00%

Ethnicity		
African American	247	52.22%
Asian	6	1.27%
Caucasian	100	21.14%
Hispanic	112	23.68%
Other	2	0.42%
No Data	6	1.27%
Total	473	100.00%

Age Brackets		
18-30	6	1.27%
31-49	134	28.33%
50-64	228	48.20%
65-74	72	15.22%
74+	32	6.77%
No data	1	0.21%
Total	473	100.00%

PSA Drawn		
Yes	407	86.05%
No	66	13.95%
Total	473	100.00%

Adjusted Risk Score without PSA		
Score	Number	Percent
≤5	26	5.50%
5 to 10	172	36.36%
11 to 15	155	32.77%
16 to 20	77	16.28%
21 to 25	26	5.50%
26 to 30	10	2.11%
>30	1	0.21%
No data	6	1.27%
Total	473	100.00%

Results based on PSA		
Abnormal: High (≥16)	2	0.42%
Abnormal: Intermediate (8-16)	7	1.48%
Abnormal: Low (>4-8)	30	6.34%
Borderline	7	1.48%
Normal	361	76.32%
No PSA Drawn	66	13.95%
Total	473	100.00%



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Summary of 2020 Activities

Due to Covid-19 activities were greatly limited this year.

Monthly prostate cancer support group meeting: Met in person at the Cancer Support Community Building on the campus of Texas Health Presbyterian Dallas January and February.

March to May meetings were cancelled. We held a zoom meeting in June then started meeting jointly via zoom with the North Texas Prostate Cancer Coalition in July. The meetings are held the 2nd Monday of the month.

Annual American Urological Association meeting was cancelled in May and moved to September 2021 in Las Vegas. Dr. Fulgham is Course Director for the Hands-on Urologic Ultrasound course.

The annual dinner was not held.

The annual golf tournament was held October 5 at Brookhaven Country Club. Social distancing was observed and to go lunches were provided to golfers. We had 38 paid golfers. We were able to distribute brochures about the importance of early prostate cancer screening to all of the golfers.

Dr. Fulgham finished the Third Edition of the book, Practical Urologic Ultrasound. He was co-editor.

Dr. Fulgham spoke to the Richardson Rotary via Zoom in September for prostate cancer awareness month.